

# WELLNESS DAY

**Friday, March 29, 2019- Dunkerton Coop  
6:30-8:30 a.m.**

**EVERYONE WELCOME!**

(Retired persons please come after 8:00 a.m.)  
Wellness Screening by **Allen Hospital Staff**

**12 Hour Fast is Necessary**  
(Water & Medication may be taken)

25 Point Blood Test Profile for Women  
Includes-Thyroid and Complete Blood Count  
**Cost: \$30**

26 Point Blood Test Profile for Men  
Includes Prostate Screen, Thyroid Test, and complete Blood Count  
**Cost: \$40**

Blood Pressure Test: **FREE by Allen Hospital Staff**

**Sponsored By:**  
**Dunkerton Coop, Farmers State Bank, and  
Tom Boeding Insurance**